

# Real Convos With Teens

By Aussie Dadding

Teenagers don't struggle to think.

They struggle to answer boring questions.

If every conversation ends in "fine" or "nothing", it's usually not a lack of thoughts - it's a lack of better prompts.

These cards are designed to help you ask questions that actually open things up.

Not lectures.

Not interrogations.

Not therapy sessions.

Just real questions that respect their brain and give them space to think out loud.

Use them:

- On a drive
- After training
- Late at night
- When something's been brewing
- Or whenever things feel calm enough to talk properly

## How to Use

- 1 Pick a card.
- 2 Ask it properly.
- 3 Let them finish.
- 4 Don't jump in to fix the answer.
- 5 Share yours too.





What's something people **misunderstand** about you?

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What's something you've **changed your mind** about in the last year?

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What makes someone **worth listening** to?

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What's something you think adults **get wrong** about teenagers?

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If you could **improve one thing about school**, what would it be?

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What does **a good day** actually look like for you?

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What makes someone **trustworthy**?

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What's something you **care about more** than most people realise?

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What makes someone **confident** without being arrogant?

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What's something you've learned **the hard way**?

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What makes a **friendship last**?

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If you could master **one skill** this year, what would it be?

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What's something that **motivates you**?

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What **drains your energy fastest**?

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What does **"success"** mean to you right now?

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What makes someone **a good leader**?

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What's something  
you wish  
you worried about less?

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What's something  
you think is overrated?

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What's something  
you think is underrated?

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What makes  
an argument fair?

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What's something  
you admire  
in other people?

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If you were  
in charge for a week,  
what would you  
change first?

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What makes someone  
easy to talk to?

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What's something you're  
still figuring out?

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What's a **decision**  
you're glad you made?

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What's something  
you think **you'll care**  
about more in five years?

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What's something  
that **feels more complicated**  
than it used to?

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What makes you feel  
**properly respected?**

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What's something  
you want  
**more independence in?**

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What's something  
you're **quietly proud of?**

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What makes a  
**conversation interesting?**

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What's something  
you think **adults**  
should **ask more often?**

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What's something  
you believe strongly?

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What makes  
someone authentic?

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What's something  
you think people  
pretend to understand?

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What's something  
you've handled  
better than you  
would have a year ago?

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What makes  
a good apology?

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If you could give  
advice to your  
younger self,  
what would you say?

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What's something  
you'd like to improve  
this year?

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What's something  
you'd like us  
to talk about more?

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